## Get off to a healthy start this school year.

We all need immunizations (also called vaccines or shots) to help protect us from serious diseases.

It's important to know which immunizations you or your child might need and when to get them. Talk to your doctor or nurse to find out.

Check out the Treatment Cost Navigator to get an estimate of immunization costs before your next office visit or procedure.



Back to school health

Log in to your myModa account today and check out our Treatment Cost Navigator!

Just visit modahealth.com to create an account.



## get your health on

Health plans in Alaska provided by Moda Health Plan, Inc. Dental plans in Alaska provided by Delta Dental of Alaska. 5063406\_OR (6/14) \*Health coaching programs may not be included in all benefit plans